

CLOTHING/FURNITURE AND HOUSEHOLD GOODS

DISABLED AMERICAN VETERANS THRIFT STORE (D.A.V.)

Address: 2444-A E. Platte Avenue Colorado Springs, CO 80909

Phone: (719) 636-2537 (719) 636-3397, for Pick-up of used items.

Hours: 9AM-9PM, M-SA; 10AM-6PM Sunday

Languages: English / Spanish

Contact: Pat Russom, Manager

Services: Provides low cost clothing, furniture and house furnishings; contribute to disabled veterans and their families through income from the store.

GOODWILL INDUSTRIES OF COLORADO SPRINGS

Location: 2320 W. Colorado Avenue

Address: P.O. Box 6300 Colorado Springs, CO 80934-6300

Phone: (719) 635-4483

Fax: (719) 635-5713

Hours: 8am - 4:30PM, M-F (office); 9 am - ?, M-Su, (stores) - closing times vary by store and by day. There are 7 stores in the Pikes Peak Region.

Contact: Denise Krug for rehabilitation; Lorrie Molli for stores and donated goods; Melissa Lyby for Public Relations

Web Site: www.goodwill.org/colosprings

Email: info@goodwill-colosprings.org

Purpose: Goodwill Industries of Colorado Springs is dedicated to helping people reach their highest levels of personal and economic independence.

Services: Provides job training programs for individuals with disabilities and disadvantages; maintains stores with low-cost clothing, appliances, furniture, etc.; provides adult day care and day respite.

Wheelchair Accessibility: Yes

Languages: American Sign Language used, and Spanish.

MEDICAL/DENTAL CARE

COLORADO SPRINGS DENTAL SOCIETY

Address: 1870 Dublin Boulevard #C Colorado Springs, CO 80918-1264

Phone: (719) 598-5161

Fax: (719) 532-0054

Hours: 12pm-5pm, M-F

Director: Sharyn Markus, Executive Director

Web Site: www.cs-ds.org

Email: csds@qwest.net

Purpose: Colorado Springs Dental Society provides information and services to the dental professional and to the dental patient.

Services: Education and referrals to dentists; helps dentists hire receptionists and assistants; refers patients to dentists who can accept handicapped patients and who speak foreign languages; handles complaints about dental care; provides a speakers' bureau for schools, local organizations, and health organizations.

How to apply: Phone, walk-in.

Fees: None.

Wheelchair Accessibility: Yes

COLORADO SPRINGS VA CLINIC

Address: 25 N. Spruce Street Colorado Springs,, CO 80905

Phone: (719) 327-5660 1-800-278-3883

Fax: (719) 327-5669

Website: www.va.gov

Hours: 8AM-4:30PM, M-F (except Federal Holidays)

Purpose: To deliver high quality health care, acute and long term, behavioral health care, and nursing home care to eligible veterans, who are in need of our service.

Services: Eligible veterans are provided with primary health care, mental health, and dental treatment.

Eligibility: Veterans

How to apply: Telephone for information.

Fees: Dependent on eligibility determination on individual basis.

Wheelchair Accessibility: Yes

COMMUNITY HEALTH CENTERS

Address: 340 Printers Parkway (Administrative Office only), Colorado Springs CO 80910

Phone: (719) 228-6606 (Administrative); (719) 471-2789 (Homeless Clinic)

(719) 632-5700 (Medical);(719) 475-0783 (Dental), TDD/TTY: (719) 632-5700

Fax: (719) 228-6680

Hours: Medical Clinic: 8am - 5 pm, M-F; 8 am - 5 pm, SA; 8 am - 4 pm, SU

Immediate Care Clinic: 8 am - 9:30 pm.

Web Site: www.peakvista.org

Purpose: To promote access to health and healing by providing quality services. Community Health accepts many types of health insurance and offers a sliding fee scale for those who qualify.

Services: Comprehensive primary healthcare services, which means everything that doesn't require a specialist.

Note: Family Health Clinic, 2840 International Circle, 80910-3195; Dental Health and Homeless Medical Clinic,722 S. Wahsatch Avenue, 80903; Women's Health Clinic, 2502 E. Pikes Peak Avenue, 80909; Silverheels Health Center, 824 Castello, Fairplay, 80440; Respite, 117 W. Rio Grande, 80903; Immediate Care Clinic, 2858 International Circle, Colorado Springs, 80910; Fountain Valley Health Clinic, 6360 S. Hwy. 85/87; Divide Health Clinic, 11115 W. Hwy 24, Unit #2-C, Divide, 80814.

Eligibility: Open; registration required. Resource Center team members help registrants through a thorough process that attempts to see if patrons qualify for all available programs.

How to apply: Phone for an appointment, (719) 632-5700.

Fees: Sliding scale; Medicare; Medicaid; private insurance.

Wheelchair Accessibility: Yes

Languages: Spanish and deaf interpretation; access to other language interpreters.

OLD AGE PENSIONERS DENTAL PROGRAM

Location: Disability Services of Colorado

Address: 225 S. Academy Blvd., Suite 104, Colorado Springs, CO 80910

Phone: (719) 574-9002 ext. 24

Fax: (719) 574-1330

Website: www.disabilityservicesofcolorado.org

Hours: 8AM-5PM, M-F

Contact: Carrie Hair

Purpose: The Old Age Pensioners Dental Program is a state funded program that assists eligible individuals obtain their dental care.

Services: Assists Colorado Old Age Pension recipients with their dental needs.

How to apply: Phone for an application.

Documents Required: OAP application

Fees: Client is responsible for a minimum 20% co-payment; state pays a maximum 80% and sets fee list annually.

Wheelchair Accessibility: Yes

SILVER KEY EMERGENCY SERVICES FOR SENIORS

Address: 2250 Bott Avenue Colorado Springs, CO 80904

Phone: Services: (719) 884-2330, Independent Living: (719) 884-2320, Transportation: (719) 884-2380,
Guardianship: (719) 884-2320

Fax: (719) 884-2301

Email: info@silverkey.org

Hours: 8AM-5PM, M-F

Contact: David Shaffer

Web Site: www.silverkey.org

Purpose: Silver Key Emergency Services for Seniors provides financial assistance and counseling to those elderly suffering temporary financial hardships.

Services: Emergency response to needs for food, prescriptions, dental care, utility payments, shelter, medical care, and other necessities of life; financial and material aid limited to low income elders; free country store for seniors for direct grant of furniture, linens, household, and personal goods; and food pantry.

Eligibility: 60 & over, resident of El Paso County.

How to apply: Phone, walk-in, referral, home visit.

Fees: None; may accept donation depending upon income.

Wheelchair Accessibility: Yes

Languages: Spanish, French, and German spoken; Asian, and other language resources available.

MARIAN HOUSE SOUP KITCHEN

Address: 14 West Bijou Street Colorado Springs, CO 80903

Phone: (719) 475-7314, Soup Kitchen; (719) 475-2347, Administrative Offices, ext. 21.

Fax: (719) 633-0289

Website: www.ccharitiescs.org

Email: info@ccharitiescs.org

Hours: Meals Offered 10:30AM-1PM, M-Sat., 8:45AM-10AM, SU

Contact: Frank Mora; Director: Tom Consentino

Purpose: The Marian House Soup Kitchen offers daily meals; the Clinic meets basic health needs; the Drop-In Center offers socializing and grooming; the Chapel is available for memorial services.

Services: The Marian House Soup Kitchen provides daily hot meals; the Clinic takes care of basic health needs; the Drop-In Center provides showers, haircuts and socialization. Other services include an information and referral technician, an on-site Social Worker, a Payee Representative, and a staff person from Urban Peak.

How to apply: Call above numbers for info..

Fees: None.

Languages: English / Spanish

CENTER FOR HEARING, SPEECH AND LANGUAGE

Location: East side of Academy between San Miguel and Palmer Park in the strip mall , south of Gart Sports

Address: 1329 North Academy Boulevard Colorado Springs, CO 80909

Phone: (719) 597-3390 (719) 597-3390 - TDD/TTY

Fax: (719) 597-3470

Hours: 9AM-5PM, M-F

Contact: Lee Ann Lizzul, Director

Purpose: The Center for Hearing, Speech and Language provides testing, rehabilitation, education and referral for children and adults with communicative disorders or problems.

Services: Speech/language pathology: screening and therapy for speech, language, and learning disabilities; audiology; complete diagnostic hearing testing, dispensing and repair of hearing aids, noise protection, earmolds, earplugs, hearing aid batteries, assistive listening devices, swim molds and FM systems.

Eligibility: Children and adults of all ages with communicative problems.

How to apply: Phone for appointment or walk-in to schedule appointments.

Fees: Fee schedule available upon request; sliding fee scale for testing and hearing aids; purchase of hearing aids and assistive devices; speech/language therapy.

Wheelchair Accessibility: Yes

Languages: Sign Language

PENROSE-ST. FRANCIS REHABILITATION NETWORK

Location: Penrose Hospital

Address: P.O. Box 7021 Colorado Springs, CO 80933

Phone: (719) 776-5200 for information, scheduling and locations.

Hours: 7:30AM-5PM, M-F

Contact: Gary Morse - Director / Rehab Administrator

Purpose: Centura Rehabilitation Network assists clients of southern Colorado in the rehabilitation process to become as functional as possible after an illness or injury.

Services: Rehabilitation provides physical, occupational, hand, speech, and audiology; athletic orthopedics, industrial rehabilitation, pain management, spine care; inpatient and outpatient rehabilitation.

Note: There are two locations for accessibility in Colorado Springs: Penrose Hospital & Penrose Community Hospital.

Eligibility: Physician referral.

How to apply: Phone.

Fees: Vary with the service provided.

COLORADO SPRINGS VA CLINIC

Address: 25 N. Spruce Street Colorado Springs, CO 80905

Phone: (719) 327-5660, 1-800-278-3883

Fax: (719) 327-5669

Hours: 8AM-4:30PM, M-F (except Federal Holidays)

Website: www.va.gov

Contact: Receptionist

Director: Marvin Roth

Purpose: To deliver high quality health care, acute and long term, behavioral health care, and nursing home care to eligible veterans, who are in need of our service.

Services: Eligible veterans are provided with primary health care, mental health, and dental treatment.

Eligibility: Veterans

How to apply: Telephone for information.

Fees: Dependent on eligibility determination on individual basis.

Wheelchair Accessibility: Yes

HOME AND HEALTH CARE

Address: 2812 E. Bijou Colorado Springs, CO 80909

Phone: (719) 227-9660

Fax: (719) 457-0766

Hours: 8AM-5PM, M-F

Director: Laurie Tebo

Contact: Lorraine Graham, Service Coordinator for Home Care

Purpose: Home and Health Care helps the elderly and disabled remain independent and in their own homes as long as possible; provides care management for elderly and disabled. Home and Health Care provides a continuum of health care services to the elderly, blind and disabled, the brain-injured, and persons living with diabetes and AIDS. We are committed to giving our clients the opportunity to live at their highest level of independence and health, through teaching, brokering, and the provision of needed health care resources.

Services: Personal care and homemaker services on an intermittent basis; long term care medicaid single entry point; residential and day treatment of brain-injured individuals.

Eligibility: Health impairment (home care); in need of care management; primary diagnosis of brain injury.

How to apply: Phone for in-home assessment; phone for care management appointment.

Fees: Sliding scale; Medicaid-HCBS, HCA, private pay or insurance.

S.E.T. OF COLORADO SPRINGS (SERVE EMPOWER TRANSFORM)

Address: 825 E. Pikes Peak Bldg. 29 Colorado Springs, CO 80903

Phone: (719) 776-8850

Fax: (719) 776-8855

Website: www.setofcs.org

Email: setofcsinfo@centura.org

Hours: 8:30AM-5PM (Office hours); there are evening clinics.

Contact: Programmed telephone options

Purpose: To provide holistic health services and basic medical care to the low income and uninsured.

Services: Senior Citizen well-being clinics; mini-gathering support program; medical clinics for the uninsured and homeless; Get S.E.T. for Better Health - education program.

Note: All programs take place in fully accessible facilities for the handicapped; the office has limited handicap access.

Eligibility: Low income uninsured; must be in need of provided services.

How to apply: Phone.

Fees: \$10 donations expected for services at medical clinic.

Wheelchair Accessibility: yes

WOMEN'S CLINIC - FAMILY PLANNING SERVICE (El Paso County Dept. Fo Health & Environment)

Address: 301 S. Union Colorado Springs, CO 80910

Phone: (719) 578-3247

Fax: (719) 578-3192

Hours: 8AM-5PM, M-F

Contact: Women's Clinic

Purpose: The Family Planning Service provides help with family planning.

Services: Family planning examinations and counseling to individuals who desire to plan their families; general gynecological services; contraceptives and birth control supplies, referral for mammography.

Eligibility: Low-income/Low insurance; Medicaid; Income guidelines.

How to apply: Phone; can walk-in to make an appointment.

Fees: Sliding fee scale.

Wheelchair Accessibility: Yes

Languages: Interpreters for Spanish; others available upon request.

DISABLED RESOURCES

COMMUNITY INTERSECTIONS:

Address: 4575 Galley Road, Suite 400A, Colorado Springs, CO 80915

Phone: (719) 574-6101

Fax: (719) 574-6105

Hours: 9AM-5PM, M-F

Contact: Reception; Director: Joe Vaccaro

Purpose: provides employment opportunities for adults with developmental disabilities and other significant disabilities.

Services: Employment training; school transition; vocational and community training; community accessibility & residential services.

Eligibility: Developmentally disabled and other significant disabilities.

How to apply: Intake through The Resource Exchange (719) 380-1100, State Division of Vocational Rehabilitation (719)635-3585, or United Health..

Fees: None.

Wheelchair Accessibility: yes

Languages: Spanish

Documents Required: proof of disability.

CANINE COMPANIONS FOR INDEPENDENCE

Address: 1045-P Garden of the Gods Road Colorado Springs, CO 80907

Phone: (719) 260-6151

Fax: (719) 260-6152

Hours: 9AM-5PM, M-F

Contact: Reception; Director: Paul O'Brien

Web Site: www.caninecompanions.org

Email: pobrien@caninecompanions.org

Purpose: Breed, train, and place highly trained dogs with disabled individuals.

Services: Highly trained assistance dogs placed with individuals with disabilities to help them live more independent lives.

Eligibility: Physical disabilities, other than blindness; includes cerebral palsy, muscular dystrophy, multiple sclerosis, deaf/hearing impaired, paraplegic, quadriplegic, etc.

How to apply: call office to request application

Fees: After initial screening, travel costs, and \$100 equipment fee when person and dog are paired.

Wheelchair Accessibility: Yes

COLORADO DIVISION OF VOCATIONAL REHABILITATION

Address: 110 Parkside Drive, Colorado Springs, CO 80910

Phone: (719) 482-7966, (719)635-0529 - TDD/TTY

Fax: (719) 635-3177

Hours: 8AM-5PM, M-F

Director: Patty Petito, Office Manager

Contact: Receptionist

Web Site: www.cdhs.state.co.us/ods/dvr/ods-dvr

Purpose: Colorado Division of Vocational Rehabilitation assists persons with physical, emotional, or mental disabilities that create barriers to employment to enter, re-enter, or maintain employment.

Services: Counseling; training; physical and mental restoration; rehabilitation technology; job development and placement; other appropriate services.

Eligibility: Any person who has an impairment which results in an impediment to employment, and who needs rehabilitation services to become employed.

How to apply: Referral or call for appointment.

Fees: Diagnostics, counseling and guidance, placement, and some training services are at no cost; other services require financial participation according to ability to pay. NO COST FOR SSI/SSDI RECIPIENTS.

Wheelchair Accessibility: Yes

COLORADO CROSS-DISABILITY COALITION

Address: 655 Broadway, #775, Denver, CO 80203

Phone: (303) 839-1775, Toll Free (800)817-1435, (303) 839-0015 - TDD/TTY

Fax: (303) 839-1782

Hours: 8AM-5PM, variable - Call First!

Contact: Julie Reiskin - Executive Director

Web Site: www.ccdonline.org

Email: info@ccdonline.org

Purpose: ADA enforcement; disabled empowerment.

Services: Work to accomplish systems changes such as Social Security policy changes, state and local laws for the disabled, and assist in writing policy. As well, the group tallies persons with disabilities.

Eligibility: Disabled or friend/family members. .

Fees: None for individuals.

Wheelchair Accessibility: Yes

ASSISTIVE TECHNOLOGY PARTNERS

Address: 601 E. 18th Ave., Suite 130, Denver, CO 80203

Phone: (303) 315-1280; (303) 837-8964 TDD/TTY; Toll Free in Colorado 1-800-255-3477

Fax: (303) 837-1208

Hours: 8AM-5PM, M-F (answering machine 24 hours)

Contact/Director: Anne Miller; Director: Cathy Bodine

Web site: www.uchsc.edu/atp

Email: cathy.bodine@uchsc.edu

Purpose: Assistive Technology Partners provides information, assessments, & follow-up training for Assistive technology Equipment, devices, and services for people with disabilities.

Services: Provides a referral network for Assistive Technology devices and services for people with disabilities.

Eligibility: for Coloradans

How to apply: Phone.

Fees: None, except for some workshops.

Wheelchair Accessibility: Yes

Languages: English; Spanish translators available upon request.

COLORADO SPRINGS INDEPENDENCE CENTER

Address: 21 E. Las Animas Colorado Springs, CO 80903-3601

Phone: (719) 471-8181 (719) 471-2076 TDD/TTY

Fax: (719) 471-7829

Hours: 8AM-4:30PM, M-F; answering machine 24 hours.

Director: Vicki Skoog

Contact: Nancy Hunt

Website: www.csicindliving.org

Email: vickicsic@aol.com

Purpose: Colorado Springs Independence Center is a consumer- controlled, cross disability, state-certified Center for Independent Living, serving the Pikes Peak Region. The center assists people with disabilities to achieve or maintain their independence in the community.

Services: Home health care services; information and referral services; advocacy; independent living skills training, peer counseling, housing assistance, and connections to various support groups for special needs.

Eligibility: Must be an individual with a disability

How to apply: Phone to make an appointment or stop by the office.

Fees: Home Health Medicare/Medicaid; insurance; private pay. There is no charge for independent living service.

Wheelchair Accessibility: Yes

COLORADO TALKING BOOK LIBRARY

Address: 180 Sheridan Boulevard Denver, CO 80226
Phone: (303) 727-9277; (800) 685-2136, Colorado only
Fax: 303-727-9281
Hours: 8AM-5PM, M-F
Director: Debbie MacLeod
Contact: Reception

Web Site: www.cde.state.co.us/ctbl

Email: ctbl.info@cde.state.co.us

Purpose: The Colorado Talking Book Library provides free library services for the blind, visually impaired, physically handicapped, and reading disabled residents of Colorado.

Services: Recorded reading materials for print handicapped readers, both informational and recreational; recorded books and magazines as well as play-back units; books provided free by mail to eligible persons; braille materials available by special arrangement from Utah State Library.

Eligibility: Inability to read/use regular print material due to blindness, visual impairment, learning disability or physical disability either temporary or permanent. Learning disability must be certified by a medical doctor or a doctor of osteopathy.

How to apply: Request application at the library, or from the website.

Fees: None.

Wheelchair Accessibility: Yes

GOODWILL INDUSTRIES CAREER DEVELOPMENT CENTER

Address: 17 N. Spruce Street Colorado Springs, CO 80905

Phone: (719) 444-5000

Fax: (719) 444-5054

Hours: 8AM-4:30PM, M-F

Director: Bryan Walker

Contact: Front desk receptionist

Website: www.goodwill-colosprings.org

Purpose: Employment training for disabled and economically disadvantaged individuals.

Services: Case management, job placement, child care licensing, family preservation, and GED preparation; also implements Low Income Energy Assistance Program (LEAP).

Note: For case management, GED, job placement and family preservation, referrals must come from El Paso County Dept. of Human Services. Anyone can apply for LEAP assistance.

Eligibility: Disabled and economically disadvantaged adults.

How to apply: Referral from El Paso County Department of Human Services.

Fees: None.

Wheelchair Accessibility: Yes

Languages: Spanish language spoken

PROJECTS WITH INDUSTRY

Address: P.O. Box 6300 Colorado Springs, CO 80934-6300

Phone: (719)444-5041

Fax: (719) 444-5054

Hours: 8AM-4:30PM, M-F

Director: Brian Walker

Web Site: www.goodwill.org/colosprings

Purpose: Projects with Industry facilitates training and placement of Goodwill Rehabilitation Program participants.

Services: Provide employment opportunities to disabled and economically disadvantaged individuals; advise Goodwill rehabilitation staff of hiring trends; employment opportunities; assist with job search skills.

Eligibility: Any person who falls under Affirmative Action; any business/industry representatives interested in assisting disabled and disadvantaged individuals reach their fullest potential.

How to apply: Phone or fax Bryan Walker

Fees: None.

Wheelchair Accessibility: Yes

RADIO READING SERVICE OF THE ROCKIES

Address: 5636 N. Union Blvd. Colorado Springs, CO 80918

Location: The local RRSR office in the Second Sight Center, at the corner of Vickers and Union

Phone: (719) 577-9624 or (303) 786-7777 (Boulder office); Toll Free: (877) 443-2001 (Boulder office)

Fax: (303) 939-8013 (Boulder office)

Hours: 8AM-6PM, M-F , Broadcast 24 hours, 2200 Central

Director: David Dawson, Executive Director

Contact: Kim Ann Wardlow

Web Site: www.rrsr.org

Email: rrsr@rrsr.org

Purpose: To read newspapers, magazines, and other print materials, and to broadcast the reading via radio and cable television so that visually impaired, blind, and print handicapped can access the information.

Services: We make print materials accessible to the thousands who are unable, without someone reading to them, to access the printed word.

Eligibility: No requirements; the service is available locally to the visually impaired, but anyone can access our service.

Fees: None.

Languages: Will be providing some Spanish language programs.

ROCKY MOUNTAIN ADA TECHNICAL ASSISTANCE CENTER

Address: 3630 Sinton Road #103 Colorado Springs, CO 80907

Phone: (800) 949-4232

Hours: 8AM-5PM, M-F; Closed during lunch hour.

Director: Patrick Going

Contact: Patrick Going

Web Site: www.adainformation.org

Email: pgoing@mtc-inc.com

Purpose: To provide technical assistance, materials, & training on the Americans with Disabilities Act (ADA), to individuals & organizations.

Services: Mail ADA materials; answer ADA questions; conduct ADA seminars.

Eligibility: Anyone is eligible for assistance.

How to apply: Phone.

Fees: None

Wheelchair Accessibility: Yes

SOCIAL SECURITY ADMINISTRATION

Address: 1049 N. Academy Blvd., Colorado Springs, CO 80909

Location: Northeast corner of Academy and Galley Roads

Phone: local (719) 574-9279, 9AM-4PM, M-F (800) 772-1213, 7AM-7PM, M-F, TDD/TTY (719) 597-2770

Fax: (719) 591-1370 or (719) 597-6878

Hours: 9AM-4PM, M-F

Director: Connie R. Cookson

Contact: Reception

Website: www.socialsecurity.gov

Purpose: The Social Security Administration helps people receive Social Security benefits.

Services: Helps people file for Social Security and Supplemental Security income benefits; Medicare benefits; issues Social Security cards.

Eligibility: Disabled, any age; age 62 for most Social Security ; aged 65 for Supplemental Security

How to apply: Phone or walk-in appointments; walk in with no appointments.

Fees: None.

Wheelchair Accessibility: Yes

Languages: Spanish and Italian spoken.

TEMPORARY ASSISTANCE TO NEEDY FAMILIES (TANF)

Location: 17 N. Spruce Street

Address: P.O. Box 2692 Colorado Springs, CO 80901

Phone: (719) 636-0000; TDD/TTY: (719)444-5998

Fax: (719) 444-5320

Hours: 8AM-12PM and 1PM-3PM, M-F (for assessments)

Director: David Berns

Contact: Cheryl

Purpose: The focus of the El Paso County Temporary Assistance to Needy Families (TANF) is employment. The program assists families in developing a plan for future self sufficiency. TANF programs provide financial assistance and access to community and agency resources to meet that goal. These programs require that a dependent child is part of the household.

Services: Diversion One Program: provides a one-time, financial grant giving families the opportunity to establish or restore self sufficiency. 60-Day Empowerment Program: a voluntary program which provides immediate financial assistance to families as an alternative to applying for on-going TANF. The ideal candidate is work-ready, is eager for job searching, and possesses few barriers to that search. On-Going TANF is the third program option. TANF may encompass Medicaid, child care, and food stamp assistance.

Eligibility: Income & resource guidelines apply; legal responsibility for dependent children.

How to apply: Walk-in between 8AM-12PM and 1PM-3PM, M-F for an assessment.

Fees: None.

Languages: Spanish

THERAPEUTIC RECREATION PROGRAM - NEIGHBORHOOD SERVICES

Address: 1315 E. Pikes Peak Ave., Colorado Springs, CO 80909

Phone: (719) 385-6958 (719) 385-6964

Fax: (719) 385-6013

Hours: 8AM-5PM, M-F

Director: Paul Butcher

Contact: Diane K. Ridderhoff, CTRS

Email: dridderhoff@springsgov.com

Purpose: Provide opportunities for adults and youth with disabilities to acquire skills which enable them to participate in leisure experiences of their choice and enhance their abilities to function in a community setting.

Services: Recreation programs that are integrated and specialized.

Eligibility: Disability.

How to apply: Phone, walk-in, mail.

Fees: Fees vary depending on program activity and participant income; adjusted fees available.

Wheelchair Accessibility: Yes

FOOD/NUTRITION

BILLIE SPIELMAN COMMUNITY CENTER - PPCAA

Address: 25 N. 20th Street Colorado Springs, CO 80904 **Note:** Administrative office located at 722 S. Wahsatch Avenue.

Phone: (719) 385-7930

Fax: (719) 578-2369

Hours: 8AM-4:30PM, M-F.

Director: Jim Faber

Contact: Receptionist

Email: info@ppcaa.org

Website: ppcaa.org

Purpose: To address & alleviate acute financial emergencies for people with low incomes.

Services: Emergency food; financial assistance for utility, medical, transportation, and other crisis needs; budget counseling; seasonal programs; income tax assistance.

Eligibility: None for classes; PPCAA clients must meet certain income guidelines.

How to apply: Phone for appointment.

Fees: None.

Wheelchair Accessibility: Yes

Languages: Spanish spoken

CARE AND SHARE, INC.

Address: 2520 Aviation Way, Suite 130, Colorado Springs, CO 80916

Phone: (719) 528-6767, Client assistance (719) 528-1247, Administration and food bank

Fax: (719) 528-5833

Hours: 8AM-5PM, M-F & 10AM-3PM, Sat. Food Donations
8AM-5PM, M-F (Administration office)

Director: Nicholas Saccaro

Contact: Receptionist

Email: info@careandshare.org

Website: www.careandshare.org

Purpose: Care and Share, Inc. is a food bank and information clearinghouse for emergency food; also provides referrals for USDA commodities (supplemental food).

Services: Serves as the Second Harvest food bank for the 31 counties of southern Colorado; receives donated food from manufacturers and other sources; food is made available to tax-exempt organizations feeding the needy; information/referral service for emergency food and commodities.

Eligibility: Must be 501 (C)(3) tax-exempt group feeding needy people to be food bank member.

How to apply: Call (719)528-6767 for client referral for emergency food or commodities; call (719)528-1247 to make donations or for food bank information.

Fees: None.

CATHOLIC CHARITIES, MARIAN HOUSE SOUP KITCHEN

Address: 14 West Bijou Street Colorado Springs, CO 80903

Phone: Soup Kitchen: (719) 475-731; Administrative Offices: (719) 475-2347

Fax: (719) 633-0289

Hours: Meals Offered 10:30AM-1PM, M-F, 8:45AM-10AM, SU;

Drop-In Center, 2:30PM-4:30PM, M,W,F;

Clinic, 11:30AM-1PM, M-F

Contact: Frank Mora; Director: Tom Consentino

Website: www.ccharities.org

Email: info@ccharitiescs.org

Purpose: The Marian House Soup Kitchen offers daily meals; the Clinic meets basic health needs; the Drop-In Center offers socializing and grooming; the Chapel is available for memorial services.

Services: The Marian House *Soup Kitchen* provides daily hot meals,; the *Clinic* takes care of basic health needs, the *Drop-In Center* provides showers, haircuts and socialization. Other services include an information and referral technician, an on-site Social Worker, a Payee Representative, and staff from Urban Peak.

How to apply: Walk-in.

Fees: None.

Wheelchair Accessibility: yes

Languages: English and Spanish.

CROSSFIRE MINISTRIES INC.

Address: 307 N. Union Colorado Springs, CO 80909

Phone: (719) 447-1806

Hours: 10:30AM-4:30PM, T-F

Contact: Directors: John and Leslie Miller

Website: crossfireministries.com

Email: crossfireministries@msn.com

Purpose: Crossfire Ministries Inc. is a non-profit, tax-exempt, Christian ministry whose services include the Crossfire Mission Thrift Store, the Crossfire Pantry, local and foreign missions, short term mission trips, and Truth Literature Crusade.

Services: Free food pantry, selected free clothes, clothing vouchers, baby bags (through size 12M), hygiene products and other necessities; Victorious Living Workshops; men and women's ministry; and special projects such as local Thanksgiving meals to the homeless and poor.

Note: Located on the northeast corner of Platte and Union.

Eligibility: Open to public.

How to apply: Walk-in.

Fees: Not applicable.

Languages: Spanish spoken. (very limited)

ECUMENICAL SOCIAL MINISTRIES (ESM)

Address: 201 N. Weber Street Colorado Springs, CO 80903

Phone: (719) 636-1916 (clients) ; (719) 228-6782; (719) 228-6795 (contributions)

Fax: (719)636-3452

Hours: 9AM-11:30AM and 12:30-3PM, M-F (clients) 5PM-7PM Tues. evenings (clients); 8AM-4PM, M-F (staff)

Contact: Telephone receptionist

Director: Carolyn McDole

Email: ECUSOCMIN@aol.com

Website: www.ecusocmin.org

Purpose: Ecumenical Social Ministries (ESM) provides emergency, direct services, including food, clothing, housing assistance, job services to the hungry, homeless, and jobless.

Services: Food, clothing, bus, laundry, gasoline, prescriptions, eyeglasses, haircuts, showers, rental and utilities assistance; job development search; budget counseling available by appointment.

Note: Accessible by bus.

Eligibility: Needs emergency direct services.

How to apply: Walk-in; appointments needed for rent/utilities assistance and recommended for job search - make by phone.

Fees: None.

Wheelchair Accessibility: Yes

EXTENSION NUTRITION PROGRAM (EFNEP)

Address: 305 S. Union Boulevard Colorado Springs, CO 80910

Phone: (719) 575-8941 (719) 636-8927

Fax: (719) 575-8692

Hours: 8AM-4:30PM, M-F

Location: Colorado State University Extension, El Paso County

Contact: Mary Encinias, Nutrition Educator or Doris Todd, Nutrition Educator

Director: Gary Hall

Email: mary_encinias@elpasoco.com

Website: www.elpasoco.com/csuexten

Purpose: The Extension Nutrition Program's objective is to assist limited income individuals attain knowledge, skills, and behavior change necessary to achieve adequate diets, improve food safety practices, and learn how to better manage their food dollar/resources.

Services: Series of free classes.

Eligibility: 1. Must be a low income individual; 2. Must currently reside in El Paso County; 3. Families who are receiving or are eligible to receive federal assistance such as food stamps, WIC, housing assistance, etc.

How to apply: Phone, walk-in, appointment or referral.

Fees: None.

Wheelchair Accessibility: Yes.

MEADOWS PARK COMMUNITY CENTER

Location: Stratton Meadows Neighborhood

Address: 1943 S. El Paso Avenue Colorado Springs, CO 80906

Phone: (719) 385-7940

Fax: (719) 385-7947

Hours: 8AM-5PM, M-F; additional times by appointment; call for information about individual programs.

Contact: Director: Brian Kates

Email: bkates@springsgov.com

Website: www.springsgov.com

Purpose: Meadows Park Community Center operates a community center in south-central Colorado Springs.

Services: Wide variety of recreational/community services to all age groups such as: S.E.T. clinic for families with no or limited insurance (5:30PM-7:30PM, M); Daycare, Elementary, Teen, Adult and Senior programs; program brochure; **Golden Circle Meals served at 11:45AM, M-F, donations up to \$1.75 accepted**; YUSO Program, T & TH mornings; **W.I.C.**, Boys' & Girls' Club Chapters; field trips & much more.

Eligibility: No requirements.

How to apply: None.

Fees: Vary with programs.

Wheelchair Accessibility: Yes

NEW HOPE IN THE ROCKIES COMPASSION MINISTRY

Address: 829 S. Hancock Avenue Colorado Springs, CO 80903

Phone: (719) 578-9523, 24 hour crisis phone #.

Hours: 9 am - noon on Tuesday, and 9 am - 4 pm on Thursday

Website: www.newhopeministry.org

E-mail: ric@newhopeministry.org

Director: Rick Douglas

Purpose: Meets emergency needs; helps people become self-reliant.

Services: Counseling; job placement & training ; emergency food ; programs for children and youth.

Eligibility: For all needy people.

How to apply: Phone or walk-in.

Fees: None.

Wheelchair Accessibility: Yes

Languages: Spanish spoken, if requested.

SHARE COLORADO

Address: 3065 Dublin Blvd., Colorado Springs, CO 80918

Phone: (719) 536-0976; (800) 375-4489

Fax: (719) 599-5279

Hours: 8 am - 6 pm, M - F, generally. Distribution is one Saturday per month and hours vary.

Director: Dann Aungst

Contact: Nielene Heller

Email: nielene@codenet.net

Website: www.sharecolo.com

Purpose: Through this food coop, participants are making a difference to themselves and others. SHARE empowers participants to buy quality packages at reasonable prices, and encourages community participation. Those who are able are asked to do some volunteering in their community, such as helping a neighbor, helping at church, coaching little league, running a scout troop – the ideas are endless!

Services: Registration for and distribution of food through neighborhood volunteer organizations.

Eligibility: Everyone from every walk of life. No qualifying or proof of income needed. This is open to everyone.

How to apply: Phone (719)963-8628 or (800)375-4489 to inquire for locations nearest you to register and participate. (We encourage you to ask questions) Participants sign up at a host site, pay in advance for groceries ordered, and then return on distribution day to pick up orders and to order for next month.

Fees: \$10, \$18, or \$20 per unit of food (no limits), plus you can also order individual items from the Choice List (also no limits). Cash, Quest cards, and food stamps accepted. Some sites do accept personal checks.

Wheelchair accessibility: Yes

Languages: Spanish spoken at some sites.

SILVER KEY SENIOR SERVICES

Address: 2250 Bott Avenue Colorado Springs, CO 80904

Phone: Services: (719) 884-2330, Independent Living: (719) 884-2320, Transportation: (719) 884-2380,
Guardianship: (719) 884-2320

Hours: 8AM-5PM, M-F , weekend service available by appt.

Contact: David Shaffer

Fax: (719) 884-2301

Web Site: www.silverkey.org

E-mail: info@silverkey.org

Purpose: Silver Key Senior Services' goals are to promote independence, living independently in the home, fulfilling basic and social needs, relieving the many burdens of old age, and preserving dignity and self-respect.

Services: Programs include Meals-on-Wheels, Transportation, Social Services, Emergency Assistance, Emergency Food Bank, Health Appliance Closet, Country Store, Postal Alert, File of Life, Blood Bank, Housing, Health Aids, Outreach, Home Care, Home Maintenance, Homemaker, Homebound Book Program, Respite, Companionship, Scribes Service, Presidential Card Program, Hospital Recuperative Program, Groceries-on-Wheels, Guardianship/Conservatorship Services, Case Management.

Eligibility: 60 & over, resident of El Paso County.

How to apply: Phone, walk-in, referral, home visit.

Fees: None; Contributions are appreciated.

Wheelchair Accessibility: Yes

Languages: Spanish, French, and German spoken; Oriental and other language resources available.

TRI-LAKES CARES

Location: 235 Jefferson Street , Monument, CO

Address: P.O. Box 1301 Monument, CO 80132

Phone: (719) 481-4864

Fax: (719) 481-3030

Hours: 12PM-3PM, Mondays & Thursdays; 6PM-8PM, Thursdays

Director: Judith Pettibone

Contact: Receptionist

E-mail: trilakescares@qwestoffice.net

Website: www.trilakescares.org

Purpose: Social service agency for Tri-Lakes area residents.

Services: Emergency food; housing, utilities, child care and other financial aid; member of job bulletin board service of Discovery: Job Network; pastoral nurse available on site through the Community Network of Caring.

Eligibility: low income households.

How to apply: in-person, during office hours. Available for emergencies only during non-office hours.

Fees: None.

Wheelchair Accessibility: Limited

WALT FORTMAN COMMUNITY ACTION CENTER, FOUNTAIN

Address: 501 E. Iowa Ave. Fountain, CO 80817

Note: Administrative office is located at 722 S. Wahsatch Avenue.

Phone: (719) 382-8515

Fax: (719) 382-7509

Hours: 9AM-5PM, M-F; Closed 12-1

Director: James Faver

Contact: Jackie Lee

Website: www.ppcaa.org

Email: ppcaa@nail.com

Purpose: The purpose of the Walt Fortman Community Center is to address and alleviate acute financial emergencies, and to address barriers to achieving self sufficiency for people with low income in the Fountain Valley and rural Southern El Paso County.

Services: Distribution of USDA surplus commodities, emergency food; financial assistance for housing, utility, medical, transportation, and other crisis needs; budget counseling; seasonal programs include Thanksgiving and Christmas food baskets.

Eligibility: Must meet income guidelines which vary by program.

How to apply: Phone for appointment ; walk-ins for emergency food orders.

Fees: None.

Wheelchair Accessibility: Yes

WIC (WOMEN, INFANTS, AND CHILDREN) PROGRAM

Address: 301 S. Union Boulevard Colorado Springs, CO 80910

Phone: (719) 578-3225

Hours: 8AM-5PM, M-F

Director: Vickie Flores

Contact: Vickie Flores

Purpose: Improve pregnancy outcomes and improve health of nutritionally at-risk women, infants and children.

Services: Supplemental food for women, infants, and children up to their fifth birthday, breast-feeding promotion, and health referrals ; Five other clinic sites are: El Paso County Dept. of Health and Environment, Fountain Valley Office, 6360 S. Highway 85/87, Fountain, CO 80817; Meadows Park Community Center, 1939 S. El Paso Street, Colorado Springs, CO 80906; LDS Church, Monument Street, Calhan, CO 80808; Community Health Center, 2838 International Circle, Colorado Springs, CO 80910; North Office, 4360 Montebello Dr., Suite 1100, Colorado Springs, CO 80918

Eligibility: Reside in El Paso County; low income; pregnant, breast-feeding, or infants/children up to 5 years old; medical or nutritional risk factor ; postpartum women.

How to apply: Phone for certification appointment; need to qualify financially and have a medical or nutritional risk factor.

Fees: None.

Wheelchair Accessibility: Yes

Languages: Spanish spoken.

MENTAL HEALTH/COUNSELING

CEDAR SPRINGS BEHAVIORAL HEALTH SYSTEM, INC.

Address: 2135 Southgate Road, Colorado Springs, CO 80906

Phone: (719) 633-4114 / (800) 888-1088

Hours: 24 hours 7 days/week

Director: Dr. Elaine Crnkovic

Contact: Assessment & Referral: (719) 633-4114

Website: www.cedarspringsbhs.com

Purpose: Cedar Springs provides a full spectrum of mental health and chemical dependency treatment for adults, adolescents and children.

Services: Inpatient, and Outpatient, individual and group therapy for all ages; couples therapy; Residential and Day Treatment for children and adolescents; specialized residential unit for adolescent male sexual offenders, and children with traumatized attachment; referral and evaluation services available through the Directions program; accredited by the Joint Commission on Accreditation of Healthcare Organizations (JCAHO); CHAMPUS and most insurance, including Medicare and Medicaid accepted.

Eligibility: 4 years or older.

How to apply: Appointments preferred; Emergency Walk-ins ; referrals are also made by physicians or other mental health specialists, family, clergy, and social services agencies for admissions.

Fees: Call for information.

Languages: French, German, Spanish and other languages spoken.

CRISIS CENTER

Address: 115 Parkside, Colorado Springs, CO 80910

Phone: (719) 635-7000; Toll-Free (877)463-6024

Hours: On site, 8AM-5PM, M-F; 24-hour service phone for emergencies; after 5PM and weekends and holidays, on-call evaluators available.

Director: Sonia Jackson

Contact: Rolene Kosteka, Program Manager

Purpose: The Crisis Center provides crisis intervention for persons in a psychiatric emergency.

Services: 24 hour/7days a week crisis intervention program providing referrals and evaluation for suicidal, homicidal, and other crisis-related emergencies; consultation is provided by a licensed psychiatrist, psychologist or licensed mental health care professional

Eligibility: No requirements.

How to apply: Phone, walk-in.

Fees: Sliding fee scale.

Wheelchair Accessibility: Yes

Languages: Interpreters are available upon request.

DEPRESSION AND BIPOLAR SUPPORT ALLIANCE OF COLORADO SPRINGS

Location: 825 E. Pikes Peak Ave., Suite 301

Address: P.O. Box 366 Colorado Springs, CO 80901-0366

Phone: (719) 477-1515

Fax: (719)477-1515

Hours: 10AM-3PM, T - TH

Contact/ Director: Karen Fallahi

Email: dmdacolospgs@pcisys.net

Services: Provides ongoing self-help and networking for persons with depressive disorders, raise awareness in the community, works towards eliminating stigma and ignorance about depression.

How to apply: Phone for information, or come in during business hours.

Fees: Free.

Wheelchair Accessibility: Yes

FRANCISCAN COMMUNITY COUNSELING

Address: 7665 Assisi Heights Colorado Springs, CO 80919

Phone: (719) 955-7008

Fax: (719) 598-0346

E-mail: Sharon@stfrancis.org

Hours: Day or evening, by appointment only.

Contact/Director: Sharon K. Compono

Purpose: To provide individual, family and group counseling on a sliding-fee scale, as well as workshops and presentations.

Services: Individual, family, and group counseling; workshops and presentations; consultation and testing.

Eligibility: Anyone needing counseling services.

How to apply: Phone.

Fees: Sliding scale based on income; Medicaid; Medicare; Tricare; other insurance companies.

Wheelchair Accessibility: Limited

HAVEN HOUSE, INC.

Address: 111 N. Walnut Colorado Springs, CO 80905

Phone: (719) 578-1181

Hours: 10AM-5PM, M, T, W, F; Closed on TH; 12PM-5PM, SA; 1PM-5PM, SU

E-mail: havenhouseinc@cheerful.com

Contact/Director: G. Timothy Shaw

Purpose: Haven House is a consumer run self-help center for people with anxiety, depression, mental illness and mental health issues.

Services: Walk-in services, education, self-help support groups, homeless, art groups, peer liaison classes, and recreation for socialization support.

Eligibility: Must have had, now have, or recovered from a mental illness or a parent or advocate with concerns (when eligible).

How to apply: Walk-in, referral, or phone.

Fees: None, unless posted and then for donation.

Wheelchair Accessibility: Yes

Languages: Spanish spoken.

DAVID PETERSON, LCSW

Address: 10 Boulder Crescent St. Ste 101F, Colorado Springs, CO 80903

Phone: 332-6767

MERCY CENTER

Address: 520 W. Buena Ventura Colorado Springs, CO 80907

Phone: (719) 633-2302 (719) 633-2303

Fax: (719) 633-1031

Hours: 9AM-5PM, M-F

Contact/Director: Timothy Fogle

Web Site: www.mercycenter.com

Email: info@mercycenter.com

Purpose: The Mercy Center provides a supportive environment for individuals in need of spiritual, emotional, or physical healing.

Services: Support groups for adult children of alcoholics, adult children of dysfunctional families, victims of depression, cancer, anxiety, fear, chronic pain, eating disorders, and other physical and emotional disorders; provide training for those who will serve as Christian leaders, inner healing specialists, spiritual companions, spiritual directors, and lay missionaries.

Eligibility: Non-denominational.

How to apply: Phone for application and information.

Fees: Support groups, \$15.00 per session; Conscious Eating support group, \$15.00 per session; may be extra costs for books or materials; Institutes, \$150.

Wheelchair Accessibility: Limited

PIKES PEAK MENTAL HEALTH

Location: Clinical offices are in various locations throughout El Paso, Teller, and Park Counties.

Address: 875 W. Moreno Ave., Colorado Springs, CO 80905

Phone: (719) 572-6330 Central access for appointments; (719) 635-7000 24-hour Crisis line.

Fax: (719) 572-6290

Hours: 8AM-5PM, M-F (administrative office hours); Most clinical sites: 8 am - 5 pm or 8 am - 7 pm, M - F; Lighthouse Assessment center is available 24 hrs/ 7 days a week.

Director: Jason DeaBueno

Web Site: www.PPMHC.org

Email: webmaster@ppbhg.org

Purpose: To provide individuals, families, and communities timely access to integrated behavioral healthcare services adapting effective program designs and management techniques to ensure optimum services within our means.

Services: PPMH offers three service delivery networks:

ADULT SERVICES, which includes adult outpatient counseling for individuals, group and family therapies, medication evaluation and management, substance abuse treatment, advocacy and case management. Services for the deaf and hard of hearing, spiritual life, housing, and vocation, and homeless outreach for adults with severe and persistent mental illness. CHILD and FAMILY NETWORK, which includes individual and group and family therapies on an outpatient basis, family preservation services, case management, adoption, medication evaluation and management, substance abuse treatment for adolescents, fire-setters program, parent and grandparent advocate services, and anger management. INTENSIVE SERVICES, which includes a 24-hour, 7 days-a-week crisis line and crisis center providing triage for persons at risk of injury to self or others, acute crisis adult inpatient unit and adult detoxification services. Inpatient programs include relapse prevention and after-care planning. The Lighthouse Assessment Center is equipped to provide integrated treatment to adults who may have both substance abuse and mental illness problems.

Eligibility: Open to all residents of El Paso, Park and Teller Counties.

How to Apply: Phone for an appointment or, in case of an emergency, contact by phone or walk-in at the Lighthouse Assessment Center.

Fees: Sliding fee scale, Medicare, Medicaid, private insurance, TriCare.

Wheelchair Accessibility: Yes

Languages: Spanish and American sign language at some locations

STEPPING STONES

Address: 875 W. Moreno Avenue Colorado Springs, CO 80905

Phone: (719) 572-6230

Fax: (719) 572-6427

Hours: 8AM-5PM, M-F, and on call

Contact: Centralized Access (719) 572-6330

Purpose: Provides health services for older adults living in the community and in nursing homes.

Services: Treatment; intervention; support groups; case management; crisis intervention; education.

Eligibility: 60+ and be evaluated by in-take therapist.

How to apply: Phone for an appointment.

Fees: Insurance, Medicare, Medicaid.

Wheelchair Accessibility: Yes

SWITZER COUNSELING CENTER

Address: 555 E. Pikes Peak Avenue, Suite 108, Colorado Springs, CO 80909

Phone: (719) 442-0606 ; TDD/TTY: use Colorado Relay. Toll Free: (877) 442-0505

Fax: (719) 389-0359

Hours: 9AM-9PM, M-Th., and 9am - 3pm Fri & Sat.

Director: Allison Walls, Ph.D.

Website: www.cospp.edu/switzer

Purpose: To provide individual, couple, family and group therapy for people who do not have health or mental health insurance.

Services: Psychotherapy, family therapy, and testing/evaluations

Note: Public bus line comes to front door.

Eligibility: People who have no third party insurance, or who prefer not to use their insurance.

How to apply: Telephone for information.

Fees: Sliding scale starting at \$15.00 per session.

Wheelchair Accessibility: yes

UTILITIES

COLORADO SPRINGS UTILITIES

Address: 111 S. Cascade Ave., Colorado Springs, CO 80903

Phone:(719) 448-4800

Hours: 24 hrs daily for emergencies; 7am - 7 pm M - F; 8 am - noon on Saturdays for customer service.

Contact: Customer Service

Director: Jerry Forte, CEO

Purpose: Colorado Springs Utilities provides utility service for Colorado Springs.

Services: Provide gas, electric, water and waste water services and environmental services.

Eligibility: Resident and user of Colorado Springs Utilities.

How to apply: Phone, or walk-in.

Fees: set by government and use.

Languages: Spanish spoken.

Wheelchair Accessibility: yes

COLORADO PUBLIC UTILITIES COMMISSION - EXTERNAL AFFAIRS

Address: 1560 Broadway, Suite 250, Denver, CO 80202

Phone: 1-800-456-0858 for consumer complaints; (303) 894-2070 local calls; Toll Free: (800) 888-0170

Fax: (303)894-2065

Hours: 8AM-5PM, M-F

Contact: Information Specialists

Director: Doug Dean

Web Site: <http://www.dora.state.co.us/puc/>

Email: PUCConsumer.Complaints@dora.state.co.us

Purpose: Colorado Public Utilities Commission External Affairs provides information and answers inquiries from public utility customers.

Services: Provides information, helps resolve complaints and disputes with the regulated utility companies.

Eligibility: Any customer, or prospective customer, of any regulated utility in Colorado.

How to apply: Phone, walk-in, write.

Fees: None.

Wheelchair Accessibility: yes

LOW INCOME ENERGY ASSISTANCE PROGRAM (LEAP)

Address: 25 N. Spruce Street, Suite 201, Colorado Springs, CO 80905

Phone: (719) 442-0007 or Toll Free: (800) 432-8435

Fax: (719)633-9098

Hours: 8am - 5 pm, M - F.(closed at lunch hour)

Contact: Melinda Bennett, Manager

Director: Bryan Walker

E-mail: dianamcmahon@elpasoco.com

Purpose: The Low Income Energy Assistance Program assists low-income households with the cost of heat in winter.

Services: Help low-income households pay heating fuel bills; accept applications beginning November 1.

Eligibility: Needs to meet income and resource guidelines.

How to apply: LEAP is a mail-in program; emergency needs may walk in.

Fees: None.

Wheelchair Accessibility: Yes.

PROJECT COPE (CITIZENS OPTION TO PROVIDE ENERGY)

Address: P.O. Box 1103, Utilities, Colorado Springs, CO 80947

Phone: (719) 668-4800

Fax: (719) 668-1804

Hours: 7AM-5PM, M-F

Contact: Denise Sulski

Web Site: www.csu.org

Purpose: Project Cope provides a fund which allows people to donate money to those less fortunate who need help with their utility bills.

Services: Assists low income, disabled, and elderly needy with their utility bills.

Eligibility: Eligibility of recipients determined by Care and Share agencies.

How to apply: Mail or phone; referrals: Care and Share 528-6767 (refers applicant to appropriate agency.)

Fees: None.

FINANCIAL AID

AID TO THE NEEDY AND DISABLED PROGRAM

Location: 105 N. Spruce Street

Address: P.O. Box 2692 , Colorado Springs, CO 80901

Phone: (719) 444-8210 ; TDD/TTY: (719) 444-5998

Fax: (719) 444-5599

Hours: 7:30AM-5PM, M-F

Director: Barbara J. Drake

Purpose: Aid to the Needy and Disabled Program is designed to assist persons who have physical or mental impairments that prevent self-support or cause the disabled party to be a significant financial burden on the family.

Services: Resolve problems of disabled persons such as: high medical costs, prolonged unemployment, unpaid bills, depletion of family and/or community resources; supplements Supplemental Social Security Income.

Eligibility: 18 through 59 years of age with physical or mental impairments that prevent self support; must establish eligibility; if disabled person does not have Supplemental Social Security Income (SSI) the program does not provide Medicaid; also serves disabled children who have been approved for Supplemental Social Security Income (SSI).

How to apply: Walk-in, 8AM-11AM, M, Tu., Th., and F.

Fees: None.

Wheelchair Accessibility: Yes

BILLIE SPIELMAN COMMUNITY CENTER - PCAA

Address: 25 N. 20th Street Colorado Springs, CO 80904

Phone: (719) 385-7930

Fax: (719) 578-2369

Hours: 8AM-4:30PM, M-F.

Director: Jim Faber

Contact: Receptionist

Website: ppcaa.org

Email: info@ppcaa.org

Purpose: To address & alleviate acute financial emergencies for people with low incomes.

Services: Emergency food; financial assistance for utility, medical, transportation, and other crisis needs; budget counseling; seasonal programs; income tax assistance.

Note: Administrative office located at 722 S. Wahsatch Avenue.

Eligibility: None for classes; PCAA clients must meet certain income guidelines.

How to apply: Phone for appointment.

Fees: None.

Wheelchair Accessibility: Yes

Languages: Spanish spoken

ECUMENICAL SOCIAL MINISTRIES (ESM)

Address: 201 N. Weber Street Colorado Springs, CO 80903

Phone: (719) 636-1916 (clients); (719) 228-6782; (719) 228-6795 (contributions)

Fax: (719)636-3452

Hours: 9AM-11:30AM and 12:30-3PM, M-F & 5PM-7PM Tues. evenings (clients); 8AM-4PM, M-F (staff)

Director: Carolyn McDole, Executive Director; Bill Deguchi, Housing Program Coordinator.

Contact: Telephone receptionist

Director: Job Program Coordinator, Marcia Hanscon; Direct Service Coordinator, Pamela Favors; Housing Program Coordinator, Bill Deguchi.

Email: ECUSOCMIN@aol.com

Website: ecusocmin.org

Purpose: Ecumenical Social Ministries (ESM) provides emergency direct services including food, clothing, housing assistance, and job services to the hungry, homeless, and jobless..

Services: Food, clothing, bus, laundry, gasoline, prescriptions, eyeglasses, haircuts, showers, rental and utilities assistance; job development services; budget counseling available by appointment.

Note: Accessible by bus.

Eligibility: Needs emergency direct services.

How to apply: Walk-in; appointments needed for rent/utilities - make by phone.

Fees: None.

Wheelchair Accessibility: Yes

GUARDIAN ANGELS CHILD CARE MINISTRY

Address: 2625 Fredricksburg Drive, Colorado Springs, CO 80922

Phone: (719) 591-2606

Hours: 9AM-3:30PM, M-F

Director: Janean Waters

Contact: Child Care Consultant

E-mail: guardianangel@prodigy.net

Purpose: Guardian Angels Child Care Ministry trains and educates child care providers through Christian churches

Services: Child care provider pre-licensing training; training for renewal hours required by state license ; child care referrals; counseling; child care.

Eligibility: All child care providers and parents are welcome.

How to apply: Phone only.

Fees: Sliding scale fees, based on income; \$5 for each renewal hour.

Wheelchair Accessibility: Yes

MEDICAL ASSISTANCE PROGRAM, COLORADO - (MEDICAID)

Address: P.O. Box 2692 Colorado Springs, CO 80901

Phone: (719) 444-8040 or (719)444 - 8039

Hours: 7:30AM-5PM, M-F

Director: Barbara J. Drake

Contact: Jo Bell

Website: dhs.elpasoco.com/humansvc

Purpose: The Medical Assistance Program (Medicaid) promotes a healthy population and works to prevent premature death and illness.

Services: Correct disability by in-patient and out-patient hospital and physician services, prescription drugs and home care; adult foster care and nursing home care in some instances.

Eligibility: Must meet financial & medical criteria.

How to apply: Walk-in during application hours: 8AM-11AM, M, T, TH, and F.

Fees: None to apply; some people make a small co-payment to vendor/provider.

Wheelchair Accessibility: Yes

NORVELL SIMPSON COMMUNITY CENTER

Address: 925 S. Institute Street Colorado Springs, CO 80903

Phone: (719) 385-7910

Fax: (719) 385-7916

Hours: 8AM-4:30PM, M-F.

Director: Jim Faber

Contact: Receptionist

Website: ppcaa.org

Purpose: The Norvell Simpson Community Center provides a Transition to Independence program involving services to enhance economic opportunities for low income people.

Services: The Transition to Independence program is an intensive self-sufficiency program involving case management intervention; services include workshops on scholarship search, financial management, time management, and personal growth; financial support for education and training, transportation and child care; pre- and post-employment assistance such as resumes, job search, job retention, and advancement.

Note: The administrative office is located at 722 S. Wahsatch Avenue.

Eligibility: Must meet income guidelines which vary by program.

How to apply: Phone, referral.

Fees: None.

Wheelchair Accessibility: Yes

Languages: Spanish spoken.

PIKES PEAK COMMUNITY ACTION AGENCY

Address: 722 S. Wahsatch Avenue Colorado Springs, CO 80903

Phone: (719) 471-7870

Fax: (719) 471-9309

Hours: 8AM-4:30PM, M-F

Contact: Jim Faber, Director

Website: ppcaa.org

Purpose: Pikes Peak Community Action Agency (PPCAA) provides programs and services to enhance economic opportunities and encourage self-sufficiency for low income people.

Services: *Walt Fortman Community Center*, 501 E. Iowa, Fountain, CO 80817, (719) 382-8515; *Norvell Simpson Community Center*, 925 S. Institute, Colorado Springs, CO 80903, (719) 385-7910; *Billie Spielman Community Center*, 25 N. 20th Street, Colorado Springs, CO 80904, (719)385-7930; *Eastern El Paso Community Center*, 555 Colorado, Calhan, CO 80808, (719)347-2976; clients receive self-sufficiency and/or emergency services based upon where they live. PPCAA also operates an Individual Development account (IDA) Program, a matched savings program to acquire appreciating assets, such as first-time home ownership, post-secondary education, or start or expand a small business.

Eligibility: Must meet income guidelines which vary by program.

How to apply: Appointment, referral, and walk-in.

Fees: None.

Wheelchair Accessibility: Yes

Languages: Spanish spoken.

SALVATION ARMY

Address: 910 Yuma Street Colorado Springs, CO 80909

Phone: (719) 636-3891; Toll Free: (800)725-2769

Fax: (719) 884-1068

Hours: 8:30am - 4:30pm, M-F

Director: Major Don Gilger

Contact: Larry Messing, Public Relations Director

Website: www.tsacs.org

Purpose: To meet the physical, spiritual, recreational, & educational needs of the community.

Services: Senior meal program, homeless soup run, social services (i.e. food, rent, utility assistance, prescription, and transportation vouchers), youth camp for low-income youth, monthly commodities, and more

Eligibility: Call for guidelines

Fees: None

Wheelchair Accessibility: yes

SILVER KEY SENIOR SERVICES

Address: 2250 Bott Avenue Colorado Springs, CO 80904

Phone: (719) 884-2300

Hours: 8AM-5PM, M-F ; weekend service available by appointment.

Director: Michael Decker

Contact: Martha Brown

Web Site: www.silverkey.org

E-mail: info@silverkey.org

Purpose: Silver Key Senior Services' goals are to promote independence, living independently in the home, fulfilling basic and social needs, relieving the many burdens of old age, and preserving dignity and self-respect.

Services: Programs include Meals-on-Wheels, Transportation, Social Services, Emergency Assistance, Emergency Food Bank, Health Appliance Closet, Country Store, Postal Alert, File of Life, Blood Bank, Housing, Health Aids, Outreach, Home Care, Home Maintenance, Homemaker, Homebound Book Program, Respite, Companionship, Scribes Service, Presidential Card Program, Hospital Recuperative Program, Groceries-on-Wheels, Guardianship/Conservatorship Services, Case Management.

Eligibility: 60 years of age or over, reside within boundaries which include Colorado Springs urban area and north to include Monument, Palmer Lake, east to include Black Forest and Falcon, west to include Manitou Springs and south to Security and Highway 115 to County Line.

How to apply: Phone, walk-in, referral, home visit.

Fees: None; may accept donation depending upon income.

Wheelchair Accessibility: Yes

Languages: Spanish, French, and German spoken; Oriental and other language resources available.

TEMPORARY ASSISTANCE TO NEEDY FAMILIES (TANF)

Location: 17 N. Spruce Street

Address: P.O. Box 2692 Colorado Springs, CO 80901

Phone: (719) 636-0000 ; TDD/TTY: (719)444-5998

Fax: (719) 444-5320

Hours: 8AM-12PM and 1PM-3PM, M-F , for assessments.

Director: David Berns

Contact: Levetta Love -Manager TANF.

Purpose: The focus of the El Paso County Temporary Assistance to Needy Families (TANF) is employment. The program assists families in developing a plan for future self sufficiency. TANF programs provide financial assistance and access to community and agency resources to meet that goal. These programs require that a dependent child is part of the household.

Services: Diversion One Program: provides a one-time, financial grant giving families the opportunity to establish or restore self sufficiency. 60-Day Empowerment Program is a voluntary program which provides immediate financial assistance to families as an alternative to applying for on-going TANF. The ideal candidate is work-ready, is eager for job searching, and possesses few barriers to that search. On-Going TANF is the third program option. TANF may encompass Medicaid, child care, and food stamp assistance.

Eligibility: Income and resource guidelines apply; legal responsibility for dependent children.

How to apply: Walk-in between 8AM-12PM and 1PM-3PM, M-F for an assessment.

Fees: None.

Wheelchair Accessibility: yes

Languages: Spanish

TRI-LAKES CARES

Location: 146 Jefferson Street , Monument, CO

Address: P.O. Box 1301 Monument, CO 80132

Phone: (719) 481-4864

Fax: (719) 481-3030

Hours: 12PM-3PM, Mondays only from June - Aug ; Mon & Thurs. only from September - May.

Director: Judith Pettibone

Contact: Receptionist

E-mail: trilakescares@qwestoffice.net

Website: www.trilakescares.org

Purpose: Social service agency for Tri-Lakes area residents.

Services: Emergency food; housing, utilities, child care and other financial aid; member of job bulletin board service of Discovery: Job Network; pastoral nurse available on site through the Community Network of Caring.

Eligibility: low income households.

How to apply: in-person, during office hours. Available for emergencies only during non-office hours.

Fees: None.

Wheelchair Accessibility: Limited

VITA - VOLUNTEER INCOME TAX ASSISTANCE

Address: 2864 S. Circle Drive, Colorado Springs, CO 80906.

Location: Executive Towers Building, Seventh Floor (Administrative Offices)

Phone: Toll Free: (800)829-1040

Fax: (719)579-0994

Hours: 8:30 am - 4:30 pm, M - F, for Administrative Offices ; hours vary with the various operation sites.

Director: Bill Barnowsky, Supervisor.

Purpose: VITA is a volunteer income tax assistance program designed for the handicapped, seniors, and low-income individuals and families.

Services: Assists low income persons with their federal and state income tax returns; the program is in effect from February 1 until April 15, annually

Note: Programs are available at several locations during the tax preparation year. Check the IRS press releases, Pikes Peak Library District website, and other locations for information..

Eligibility: Persons must meet lower income guidelines.

How to apply: Persons who meet the income guidelines may call for an appointment at the neighborhood center closest to them.

Fees: None.

Wheelchair Accessibility: Yes

Languages: Spanish spoken.

WALT FORTMAN COMMUNITY ACTION CENTER, FOUNTAIN

Address: 501 E. Iowa Street Fountain, CO 80817

Note: Administrative office is located at 722 S. Wahsatch Avenue.

Phone: (719) 382-8515

Fax: (719) 382-7509

Hours: 8:AM-4:30PM, M-F

Director: Bart Givens

Contact: Receptionist

Website: www.ppcaa.org

Email: wfc@ppcaa.org

Purpose: The purpose of the Walt Fortman Community Center is to address and alleviate acute financial emergencies, and to address barriers to achieving self sufficiency for people with low income in the Fountain Valley and rural Southern El Paso County.

Services: Distribution of USDA surplus commodities, emergency food; financial assistance for housing, utility, medical, transportation, and other crisis needs; budget counseling; seasonal programs include Thanksgiving and Christmas food baskets.

Eligibility: Must meet income guidelines which vary by program.

How to apply: Phone for appointment ; walk-ins for emergency food orders.

Fees: None.

Wheelchair Accessibility: Yes