

Where Do I Start? A Guide for Injured Workers



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1. About Colorado workers' compensation

Every state has passed workers' compensation (commonly called workers comp, work comp, workmans comp, or workmans compensation) laws that provide benefits to people injured at work.



Every state has its own workers' compensation laws

Workers' compensation is a form of insurance that pays for medical care and lost wages if you are injured on the job.

Colorado Workers' Compensation is a "no-fault" system. This means that you may be eligible for benefits regardless of whether you, a co-worker, or your employer actually caused the injury.

In general, the laws state that workers injured on the job will receive benefits to replace lost wages and to cover medical expenses. These laws may be referred to as workers' compensation, workers comp, workman's compensation, work comp or worker's compensation, depending on the source.

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2. When to notify your employer

Colorado law requires you to notify your employer of an injury within four days. A judge may reduce some of your benefits if you didn't give notice within the four day period.



Make sure to notify your employer soon after an injury

Don't believe your employer or insurance company if they tell you your claim is denied simply because you didn't give the required notice within four days.

It is also important to know that most claims must be filed with the Colorado Division of Workers' Compensation within two (2) years of the injury.

The sooner you report your injury, the better. There are many deadlines and exceptions to those deadlines in the Colorado workers' compensation system. [An experienced attorney](#) can help you figure out whether your claim was filed on time.

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